

School Breakfast

An economical way to provide your child with a great start to his/her day!

Studies show breakfast is the most important meal of the day. Breakfast at school not only ensures your child is getting a nutritious breakfast, but also gives your child a chance to relax and enjoy the company of his/her friends before the start of another very busy day!

Daily Breakfast Choices:

All this for only \$1.10 per child!
(or free if your household qualifies)

- *Choice of Milk*
- *Choice of Fresh Fruit or Juice*
- *Choice of Entrée:* *Ham, Egg & Cheese Bagel*
 Lightly Buttered Bagel (peanut butter cup available at no extra charge)
 Cereal & Graham Crackers
 Yogurt & Graham Crackers or Wedge of Cheese
 Whole Grain Breakfast Bar

Where else can your child get all of this for only \$1.10?

Breakfast available daily at:

Attica Elementary: 8:00-8:30am

And for our customers in grades 5-12:

Breakfast is available in the cafeteria 7:50-10:00am for grades 5-12

And at our Breakfast Cart in the Middle School Hall 8:00-8:20am

Middle School Students are now allowed to eat breakfast in Homeroom so please encourage your child to grab a Grab & Go Breakfast!

We also offer breakfast to go for any elementary child who would like to save some of their breakfast for snack time!

For example: Your child could eat the cereal and milk for breakfast, and save the graham crackers and juice/fresh fruit for classroom snack time! Save time and money! If you would like to choose this option, please send a note to the cafeteria staff, so we know enough to give your child a bag and help encourage him/her to take the snack bag to the class room. Use this option whether your child is Free, Reduced or Full price. Save money and time.

**Reminder: Prepaid account money is automatically limited to the purchase of Breakfast, Lunch and milk only. If you would like your child to be allowed to spend account money for snacks for snack time or lunch please inform the cafeteria staff in writing and we will adjust your child's account. If you have any questions, ideas, suggestions, comments, or need anything at all concerning the cafeteria, please call Kris A. Wicks, Food Service Director at 591-0400 X 1195.*